



**Surrendering The Secret**  
**Healing The Heartbreak of Abortion**  
**Pat Layton**

**Ministry Starter Guide**



**YOU + Your Church, PRC, or Counseling  
Center + STS**

- 1. Women, men, and couples SET FREE!**
- 2. Revelation 12:11 IN FULL LIFE!**
- 3. Women and men moved from VICTIMS to VICTORY!**
- 4. Abortion OVERCOME by the "blood of Jesus and the word of our testimony."**

**WE ARE PRAYING YOU WILL JOIN US!!**



# **SURRENDERING THE SECRET**

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# SURRENDERING THE SECRET

Dear Friend,

If you are holding this Surrendering the Secret (STS) Ministry Starter Guide and in your hands you are part of an amazing move of God! I know that you have a passion to see men and women healed from the devastation and heartbreak of a past abortion. You have a desire to help them be set free from the shame and loss that is one of the many consequences of such a choice.

Our dream is to see every woman and man who has experienced the heartbreak of abortion TO BE SET FREE and activated for the cause of Christ and the sanctity of all human life.

Our goal is to inspire and equip the church to provide spiritual, emotional, and physical support to protect the sanctity of all human life.

We are committed to provide curriculum, resources, and leadership training to offer a safe support group for women, men, and couples who have experienced the heartbreak of abortion using the time proven resources and amazing leadership team of Surrendering the Secret.

Thank you for stepping up to serve God in the area of post-abortion recovery in your church or pregnancy resource center using Surrendering the Secret. By working together in our ministries and communities we will see millions of wounded warriors healed and set free to proclaim the truth about abortion and the redeeming love of Jesus Christ. Let's help them be FREE! Together!

Pat Layton,  
Author of Surrendering the Secret

## What IS Surrendering the Secret?

Surrendering the Secret is an 8 step biblical healing journey written for those who are experiencing heartbreak and shame of a past abortion.

We are a 501(c)3 currently serving under the covering of Life Impact Network (LIN).

The mission of Surrendering the Secret is to see every woman and man who has experienced the heartbreak of abortion TO BE SET FREE, equipped and activated for the cause of Christ and the Sanctity of All Human Life.

Surrendering the Secret has been providing training and resources since 1988. The study we use today was originally released by Lifeway Christian Resources as a video-driven Bible study in January 2008. In 2009 Pat took a step of faith and started training small groups of Christian leaders how to use this powerful curriculum in churches, pregnancy resource centers and counseling organizations. She has personally conducted STS trainings all across the United States. As the need grew larger Pat began to train a team of highly skilled leaders to join her training team. We have now reached over 3,000 trained STS church and pregnancy resource center leaders around the world.

In January 2019 Lifeway took another leap of faith and commitment to the healing of abortion and relaunched Surrendering the Secret (STS) with all new and updated products. With the updated NEW LOOK and updated format we are enjoying a RENEWED EXPERIENCE for our STS World Wide leaders. We are thrilled about the new products as well as our fresh new partnership opportunities for those who would like to be an even more strategic part of these healing journeys!

During the foundational years of STS, we have learned a great deal about the importance of strong leadership connections, communication and ongoing relationship in order to best meet the needs of women and men seeking post-abortion recovery.

## HOW TO GET YOUR MINISTRY STARTED

Steps to Leading a Surrendering the Secret Post Abortion Recovery In Your Church or PRC:

1. Visit our website [www.surrenderingthesecret.com](http://www.surrenderingthesecret.com) or [www.lifeway.com](http://www.lifeway.com) for a preview of the STS Curriculum published by Lifeway Christian Resources.
2. Review the materials with your church or PRC leadership and prayer team.
3. Complete the STS Leader Training Videos or attend one of our Face to Face Leader Trainings. Visit [www.surrenderingthesecret.com/shop](http://www.surrenderingthesecret.com/shop) for purchase/registration.
4. Set a date for your first healing group and promote it. Spread the word every where you go. There are literally MILLIONS who need your help. Just do it!

MATERIALS YOU WILL NEED for Surrendering the Secret Groups -

- Surrendering the Secret Bible Study Book for each participant (purchase via [lifeway.com](http://lifeway.com))
- Surrendering the Secret Downloadable 8 Part Video Series (A ONE TIME purchase via [lifeway.com](http://lifeway.com))
- STS Leader Guide (available via [www.surrenderingthesecret.com/shop](http://www.surrenderingthesecret.com/shop))

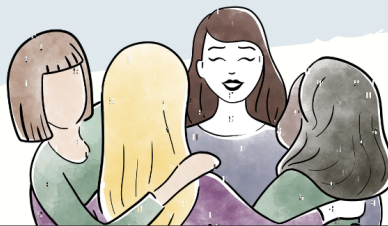
## HOW TO JOIN US

- Once your training has been completed, (either via training videos or face to face training) you will be an official STS Certified Leader and added to our national database of leaders.
- Join our private network of STS Leaders on our newest online platform - Mighty Networks. This platform is designed to create a safe, private space for our community of leaders to share discussions and ideas, to get support and prayer as you are leading groups, be the first to know about STS trainings, ministry updates, and events, and get access to FREE supplemental resources.  
Membership is free, here is the link to join -  
<https://surrendering-the-secret-leaders.mn.co>  
(copy & paste in your browser)
- Be sure to follow "Surrendering The Secret" on Facebook, Instagram, and YouTube!

## HOW DO WE GET HER FROM HEART BREAK TO HEALED?



Become a trained leader & **learn how you can help** women heal from a past abortion.



**GO TO [SURRENDERINGTHESECRET.COM/SHOP](https://surrenderingthesecret.com/shop)**

## WHAT OUR CERTIFIED LEADER TEAM LOOKS LIKE

- A PLACE ON OUR INTERNATIONAL LEADER Team
- FREE Access to Pat Layton, Author of Surrendering the Secret, plus a team of STS ministry leaders via Mighty Networks
- FREE Monthly Online Lunch 'n Learn Meetings and ZOOM Trainings
- FREE Leader E-Letters and updates
- A national headquarters and staff who will be available to answer your questions and provide ongoing support and training
- FREE Marketing tools to advertise your groups
- FREE Unlimited support keep your ministry growing and thriving.
- Worldwide brand recognition of Lifeway Christian Resources
- Your ministry contact information, church or PRC listing on our website/group directory for connection with those who need you via [www.surrenderingthesecret.com](http://www.surrenderingthesecret.com)
- Discounted Invitation and special offerings to any of our local face-to-face trainings as well as our Annual Leader Summit.

## NOT READY TO START LEADING?

### 5 WAYS YOU CAN HELP HEAL THE HEARTBREAK OF ABORTION!

#### 1. WRITE A FREEDOM LETTER!

Women who have faced the heartbreak of abortion are in your church, in your neighborhood, in your family! They often hide the shame and loss by buying the lie of abortion for DECADES! Help her get FREE by simply writing a letter of encouragement and email it to us at [stsinternation15@gmail.com](mailto:stsinternation15@gmail.com) with "STS FREEDOM LETTER" in the subject line.

#### 2. SPONSOR A HEALING JOURNEY

Your gift of \$20.00 will help us sponsor one woman into a local group by providing a member book and supplies.

Your gift of \$50.00 will provide support for one of our leaders.

3. HOST A TRAINING OR EVENT at your church or PRC that will allow us to share the heartbreak of abortion. We will bring everything you need to simply open the door for one of our National Leaders to come and share. Email [stsinternation15@gmail.com](mailto:stsinternation15@gmail.com) for information.

4. SHARE *Surrendering the Secret* on your social media pages or with your local church, PRC, or Christian counseling center.

5. Purchase the *Surrendering the Secret Bible Study Book* from [lifeway.com](http://lifeway.com) and gift it to your church, PRC, or Christian counseling center.

## AVAILABLE PRODUCTS

Available from [www.lifeway.com](http://www.lifeway.com) -

Surrendering the Secret: Healing the Heartbreak of Abortion

- Bible Study Book (for participants)
- Downloadable Bible Study Videos

AVAILABLE from [www.surrenderingthesecret.com/shop](http://www.surrenderingthesecret.com/shop) -

- Leader Guide
- Leader Training Videos
- Live Zoom (face to face) Leader Training Registration
- Healing A Fathers Heart: A Man's Guide to Abortion Recovery
- A Surrendered Life (Chapter Book version of STS Bible Study Book for women, men, and couples)





## Meet the Author of **Surrendering the Secret**

Pat is a passionate and inspiring author, speaker, and leadership coach who has founded a variety of organizations during her 30 years in full time ministry including one of the nations largest pregnancy resource centers, an international post abortion recovery program, an adoption agency, and a national woman's ministry called A Woman's Quest. She has published 6 books. Her best selling post abortion recovery Bible study *Surrendering the Secret* was re-released by Lifeway in 2019. Her books, *Life Unstuck: Finding Peace with Your Past, Purpose in Your Present and Passion for Your Future* and *Healing a Woman's Heart*, along with all of Pat's resources and speaking information are available on her website as well as on Amazon.

Pat has been featured on numerous radio and TV shows including Focus on the Family, Life Today, Janet Parshal, and Proverbs 31 Ministries. She and her husband Mike have been married for over 40 years and have 3 children and 5 "G's". They enjoy traveling, doing ministry together, and a sweet tea home in the North Georgia Mountains.

Visit her website at [www.patlayton.net](http://www.patlayton.net) for more information.



# *surrendering*

THE SECRET

## HOW STS WORKS



A WOMAN HAS AN ABORTION



SHAME, GUILT, AND REGRET  
SINK IN



SHE SEARCHES FOR SUPPORT ONLINE  
OR FROM A FRIEND



SHE FINDS "SURRENDERING  
THE SECRET"



SHE CONNECTS WITH A  
TRAINED STS LEADER



SHE EXPERIENCES LOVING COMMUNITY  
AND SEES THAT SHE IS NOT ALONE



SHE IS HEALED FROM GUILT  
AND SHAME



SHE IS ABLE TO SHARE THE  
MESSAGE OF HOPE WITH OTHERS